

Thank you for your support of STEP UP!

These topic specific presentations are to be used with the STEP UP! training. While students do not have to have completed the training, it will be much more effective and transferable if they have. We will be discussing the concepts and theory learned in the initial training and applying it to each STEP UP! topic.

Our goals for these presentations are:

1. To review and reinforce STEP UP! concepts and action steps
2. To educate in depth about the topic
3. To educate about how to intervene
4. To discuss real life scenarios and situations they will face
5. To engage in an honest and open conversation.

As you will see there are clicker slides with each presentation. The purpose of clickers slides are to make the presentations fun and interactive, to allow students to answer honestly and to let them know how others in the room think and feel and what they believe....and that they are not alone. Additionally, it is a great way to engage them in conversations around some of the results. Be sure to reiterate to the students that clickers are totally anonymous and there is no way to “track” anyone’s individual answers. See the Facilitator Guide for more information on clickers. We do not endorse any particular company as there are many that essentially do the same thing. Check with your campus technology center to see whom they support.

NOTE: For any reference to a “student-athlete” please feel free to substitute your own group or you can just say “student”. These presentations have been shown to be easily transferable to any population with just a little tweaking!

Should you have any questions please contact me or if you would like me to send you a downloadable presentation with facilitator notes included.

We can all make a difference. Thank you once again for your support of STEP UP!

Becky Bell, M.A.
Creator and Founder of STEP UP!
Associate Athletics Director, C.A.T.S. Life Skills
University of Arizona Athletics
bell@arizona.edu
520 621.5339