

# APPENDIX B

## SCENARIO WORKSHEET

1. What is the goal?
  
2. Discuss the Five Decision Making Steps:
  - a) **Notice the Event** (At what point could you notice?)
  
  - b) **Interpret it as Problem/Emergency** (What are the red flags?)
  
  - c) **Assume Personal Responsibility** (What could you do?)
  
  - d) **Have the Skills to Intervene** (What knowledge/skills are necessary?)
  
  - e) **Implement the Help - STEP UP!** (What are direct and indirect ways to help?)
  
3. What could you do to make the intervention Safe, Early and Effective?
  
  
4. Costs/Rewards – What are the benefits of intervening? What are some costs? What are some costs of NOT intervening?
  
  
5. Perspective Taking - How would you feel if you were the “victim”?  
What would you be thinking? What would you want others to do for you?

Create a script using **The 5 Point Formula** (See sample script in *Strategies for Effective Helping, Section C*). Remember the Law of Delivery – audience, content, timing, reasons, location, tone.

**I Care –**

**I See –**

**I Feel –**

**I Want –**

**I Will –**