APPENDIX B

SCENARIO WORKSHEET

1. What is the goal?

2. Discuss the Five Decision Making Steps:
   a) Notice the Event (At what point could you notice?)
   b) Interpret it as Problem/Emergency (What are the red flags?)
   c) Assume Personal Responsibility (What could you do?)
   d) Have the Skills to Intervene (What knowledge/skills are necessary?)
   e) Implement the Help - STEP UP! (What are direct and indirect ways to help?)

3. What could you do to make the intervention Safe, Early and Effective?

4. Costs/Rewards – What are the benefits of intervening? What are some costs? What are some costs of NOT intervening?

5. Perspective Taking - How would you feel if you were the “victim”? What would you be thinking? What would you want others to do for you?
Create a script using **The 5 Point Formula** (See sample script in Strategies for Effective Helping, Section C). Remember the Law of Delivery – audience, content, timing, reasons, location, tone.

**I Care –**

**I See –**

**I Feel –**

**I Want –**

**I Will –**